










AREA	 <h2 style="text-align: center;">Athletics Nova Scotia</h2> <h3 style="text-align: center;">Track & Field Clubs</h3>		Run-Jump-Throw Program (RJT)	Sprints	Jumps	Throws	Middle Distance	Long Distance	Hurdles	Multi-event	Para Athletics
Halifax Regional Municipality	 <p>Chebucto</p>	<p>Summer Location: Metropolitan Field, Lower Sackville Winter Location: Springfield Lake Recreation Centre, Sackville Practice Days: Tuesday, Thursday, Saturday Coaches: Doug Mitchell, Alex MacEachern and Andrew Conrad Website: http://chebuctoathletics.ca</p> <p>Contact Information: Danielle Deveau, trackinfo@accesswave.ca</p>		Sprints	Jumps	Throws	Middle Distance	Long Distance	Hurdles	Multi-event	
	 <p>HalifAST</p>	<p>Summer Location: Beazley Field, Dartmouth Winter Location: Dalplex, DAL & Canada Games Complex, Halifax Practice Days: Tuesday, Friday, Sunday Coaches: Kevin Bourgeois, Heather Hennigar, Jonathan Doucette, Mike Bawol, Brian Regan, Mary-Frances Lynch, Leanna Carriere</p> <p>Contact Information: Kevin Bourgeois, 902-441-7893 halifastathletics@gmail.com</p>	RJT	Sprints	Jumps	Throws	Middle Distance	Long Distance	Hurdles	Multi-event	Para-Athletics
	<p>Halifax Wanderers</p>	<p>Summer Location: Huskies Stadium, St. Mary's University Winter Location: Dalplex, Dalhousie University Practice Days: Tuesday, Thursday and Saturday Coaches: Kevin Heisler and Winston Manuel</p> <p>Contact Information: Club President: Harry Marcotte (902) 429-7607 Kevin Heisler, 902-476-8379, kheisler@ns.sympatico.ca</p>		Sprints			Middle Distance	Long Distance	Hurdles		
	 <p>YHZ Track & Field Train • Compete • Excel</p>	<p>Summer Location: Huskies Stadium, St. Mary's University (RJT: Beazley field, Dartmouth and Saunders Park, Halifax) Winter Location: Canada Games Complex, Halifax Practice Days: Tuesday, Thursday, Saturday (RJT: Wednesday, Sunday) Coaches: Steve Morley and Andy Canning Website: http://www.yhztrack.ca</p> <p>Contact Information: Steve Morley, info@yhztrack.ca</p>	RJT	Sprints			Middle Distance	Long Distance	Hurdles		
Valley	 <p>LAUNCHERS ATHLETICS</p>	<p>Summer Location: Launch Pad, 211 Collins Rd, Port Williams Winter Location: Central Kings Rural High School, Cambridge Practice Days: Tuesday and Saturdays Coaches: Steve Wohlmuth Website: www.launchers.ca</p> <p>Contact Information: Steve Wohlmuth, 902-542-4848, launchers_canada@yahoo.com</p>	RJT			Throws					
	<p>Valley Athletics</p>	<p>Summer Location: Raymond Field, Acadia University, Wolfville Winter Location: Bridgewater/Bayers Lake Commons Practice Days: Tuesday, Thursday, Sunday Coaches: Ralph Williams and Ueli Albert</p> <p>Contact Information: Ralph Williams, 902-542-2450</p>	RJT				Middle	Long Distance			Para Athletics
South Shore	 <p>Bluenose Athletics</p>	<p>Summer Location: PVEC Community Field, Bridgewater Winter Location: HB Studio Fieldhouse, Bridgewater Practice Days: Vary with seasons Coaches: Tanya Daniels, Tammy Gaudet, Brian Mitchell, Kate Hyslop, Jeff Norman, Kate Hyslop, Tony Huskilson, Shelly Bolivar-Sabean Website: http://bluenoseathletics.weebly.com</p> <p>Contact Information: Tanya Daniels, 902-521-4091, tdaniels@staff.ednet.ns.ca</p>	RJT	Sprints	Jumps	Throws	Middle Distance	Long Distance	Hurdles	Multi-event	

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Cape Breton	Celtic Athletics	Summer Location: Atlantic Field, Cape Breton University Winter Location: N/A (train March-June) Practice Days: Sunday, Monday, Thursday Coaches: Greg Myatt, Lucia MacIassac and Donald MacIassac Contact Information: Greg Myatt, 902-539-0866, gmyattsydns@aol.com	RJT	Sprints	Jumps	Throws	Middle Distance				
Central Region	Antigonish Track Club	Summer Location: Oland Center Track, St.F.X Campus Winter Location: Oland Center Track, St.F.X Campus Practice Days: Mon - Fri, long runs on Saturday Coaches: Chirs MacKinnon, Lindsay MacKenzie, Bernie Chisholm and Kevin Grant Contact Information: Chris MacKinnon, 902-867-1803, cpmackinnon@eastlink.ca	RJT				Middle Distance	Long Distance			
	Central Nova Legion Legends	Summer Location: TAAC Grounds, Truro Winter Location: Central Colchester Junior High School Training Days: Sunday Coaches: Jake Borden Contact Information: Jake Borden, 902-895-6580, bordenj@staff.ednet.ns.ca	RJT	Sprints	Jumps		Middle	Long Distance			
	Pictou County Recreation & Athletics Society 	Summer Location: PCRAS Track, Stellarton Winter Location: To be determined Practice Days: Monday, Wednesday, Thursday Coaches: Ann Findlay, Dave MacLennan, Patrick March, Dana DeMings, Chrissy Richardson, Bob Richardson, Chris Sharpe and Pat Carty Website: http://www.pcras.com Contact Information: Pat Carty, cartyab@hotmail.com	RJT	Sprints	Jumps	Throws	Middle Distance	Long Distance			
		Summer Location: TAAC Grounds, Truro Winter Location: Cobequid Educational Centre gym annex, 60 Lorne St Practice Days: Tuesday and Thursday (summer); Sunday (winter) Coaches: Paul Millman, John Nolan, Pat Legge Contact Information: Joyce Millman, 893-2895, millmanj@ccrsb.ca		Sprints	Jumps	Throws					

For additional information regarding athletics in Nova Scotia, contact an Athletics Nova Scotia staff member at:		
Rich Lehman Executive Director athletics@sportnovascotia.ca (902) 425-5450 ext 339	Jonathan Doucette Director of Coaching and Officiating coach@athleticsnovascotia.ca (902) 425-5450 ext 386	Rebecca Reeves Recreation Assistant rreeves@sportnovascotia.ca (902) 425-5450 ext 339