

Press Release

The Athletics NS Indoor Open on January 21st will be the largest indoor track meet in the province this year. All events are expected to be offered from the bantam age group up to senior. All of the major Universities are expected to compete in this meet in order to achieve qualifying standards for the Atlantic University Sport (AUS) and Canadian Inter-university Sport (CIS) championships. Club athletes from New Brunswick are expected to attend as well. A banner will be awarded to the top Athletics Club in the province. Top calibre athletes who are expected to compete include:

- Justin Blades, 5th place 800m at Senior Nationals 2011.
- Geoff Harris , 6th place 800m at Senior Nationals 2011.
- Celia Peters, former CIS silver medalist 600m.
- Simon Watts, CIS silver medalist high jump 2011.
- Daniel Yetman, Junior National bronze medalist triple jump 2011.
- James Gillis, Junior Pan American Games participant.
- Jackie Marciano, Para-Pan American Games bronze medalist 400m.
- Peter Millman, 18th at World Youth Championships 2011.
- Kayla Gallagher, National Youth Champion shot put.
- Seth London, CIS weight throw bronze medalist 2011.
- Stephanie Berry, provincial record holder visually impaired 100m.
- Camden Springer, 2011 Peewee Youth Running Series overall champion.

Schedule of Events: Please see tech package Attached

The meet will begin at 10:30am and will run until around 6pm. To register for the meet, please visit <http://www.trackie.com/online-registration/event.php?id=466>.

The Athletics Nova Scotia Awards Banquet will be hosted at Kokomos restaurant immediately following the competition. To register for the banquet, please email Rich Lehman at athletics@sportnovascotia.ca.

For Additional Information Please Contact:

Rich Lehman

Executive Director

Athletics Nova Scotia

p: 902-425-5450 (ext.339)

Athletics NS Indoor Open



Hosted and Sanctioned: Athletics Nova Scotia

Date: Saturday, January 21, 2012

Event Site: - Canada Games Center, Halifax, NS

- Six lane track on the oval with a polyurethane surface.
- Long Jump and Triple Jump Runway
- Maximum spike length is 7mm
- Washrooms are available on-site.

Timing: FinishLynx Photoelectric timing

Categories:

Most events offered are university race distances with entries from other age categories accepted. Bantam, Midget, Youth, Junior, Senior

Events:

60mH, 60m, 300m, 600m, 1000m, 3000m, Long Jump, Triple Jump, High Jump

Registration:

Please visit Trackiereg to register

Registration deadline is Wednesday, January 18th

Schedule:

The schedule is subject to change based on entries. The schedule is available at www.athleticsnovascotia.ca

Track Events

Event	Gender	Age Class	Time	Note
60mH	F	Bantam-Youth (30")	12:00	Timed Section Final
60mH	M	Bantam (30")	12:10	Timed Section Final
60mH	F	Junior-Senior (33")	12:20	Timed Section Final

60mH	M	Midget (33")	12:40	Timed Section Final
60mH	M	Youth (36")	12:50	Timed Section Final
60mH	M	Junior(39")	1:00	Timed Section Final
60mH	M	Senior (42")	1:10	Timed Section Final
60m	F	Bantam-Youth	1:30	Timed Section Final
60m	M	Bantam-Youth	1:45	Timed Section Final
60m	F	Youth-Senior	2:00	Timed Section Final
60m	M	Youth-Senior	2:25	Timed Section Final
60m	Mixed	Visually Impaired	2:45	Timed Section Final
600m	F	Bantam-Senior	3:05	Final
600m	M	Bantam-Senior	3:20	Final
1200m	F	Bantam-Midget	3:35	Final
1200m	M	Bantam-Midget	3:45	Final
1500m	F	Bantam-Senior	3:55	Final
1500m	M	Bantam-Senior	4:15	Final
2000m	F	Bantam-Midget	4:35	Final
2000m	M	Bantam-Midget	4:50	Final
3000m	F	Youth-Senior	5:05	Final
3000m	M	Youth-Senior	5:25	Final
300m	F	Bantam-Senior	5:25	Timed Section Final
300m	M	Bantam-Senior	5:45	Timed Section Final

Field Events

Event	Gender	Age Class	Time	Note
High Jump	Mixed	All	10:30	Final
Long Jump	F	All	1:00	Final
Long Jump	M	All	3:00	Final
Triple Jump	Mixed	All	5:00	Final

The final schedule will be posted by Thursday, January 19, 2012

Club Championship:

A banner will be awarded to the Athletics NS Club that scores the greatest number of points according to the following points system:

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th +
Points	13	11	9	8	7	6	5	4	3	2	1

Events with 5 or less people in them, will be scored as such:

Place	1 st	2 nd	3 rd	4 th	5 th
Points	7	5	3	2	1

Seeding

Please include accurate seed/race times as preferred lanes will be given to the fastest seed times for time sectioned final events. Unseeded entries will be treated as the lowest seed times and assigned accordingly.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

Scratches

Scratches will be accepted by e-mail until 5:00 p.m. Wednesday.

Registration:

Entries must be received by 11:59 p.m. Wednesday, January 18th, 2012

First event: \$20 for members and \$25 for non-members.

No charge for additional events

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!

No entries will be accepted on the day of the meet.

Entry fees **must** be paid before an athlete can compete in the meet. Please designate one person from your club to pick up the entry package and pay all fees.

Check in and Bib # Pick-up: Beginning at 10:30 a.m. on Saturday, July 21st, 2012

Make cheques payable to: **Athletics Nova Scotia**

Inquiries: Rich Lehman at 425-5450 ext. 339 or e-mail athletics@sportnovascotia.ca